

### **COUNTY-WIDE NEWSLETTER** February 2023

### Welcome!

Kentucky Cooperative Extension is the educational resource for all Kentuckians that serves as a catalyst to build better communities and improve quality of life. This is our vision. We are here to enrich the lives of everyone in Jefferson County. Anything from a soil test to recipes to activities for kids to the latest advancements in farming. Got Questions? We have the answers!



University of Kentucky College of Agriculture, Food and Environment Cooperative Extension Service

Cooperative Extension Service

Jefferson County 4200 Gardiner View Avenue, Suite 101 Louisville, KY 40213-1877 Phone: 569-2344 www.ca.uky.edu/ces



Kentucky's two land-grant universities, the University of Kentucky and Kentucky State University, serve as partners in conducting educational programs through Cooperative Extension. The program delivery process involves Extension faculty, county agents, advisory council members, volunteer leaders and the general public.







Join us in welcoming our newest 4-H Agent, Sarah Wiseman! Sarah is new to Jefferson County, but not new to the world of 4-H. She grew up in 4-H and especially loved attending summer camp.

"I am so excited to be working with 4-H at this capacity and with Jefferson County! I look forward to getting more involved with our 4-H programs and meeting all of our amazing members and volunteers.

Join us in welcoming our newest Horticulture Agent Jennifer Palmer! Jennifer is excited to be part of Jefferson County Extension. Her background has been in the fine art community in higher education however, she graduated from the first cohort of the Wendell Berry Farming Program.

Since graduating she has worked on an organic farm and focused on expanding gardens on her farm and her passion for seed collecting. She is happy to be meeting everyone in the community and combining her love of horticulture activities with education.

**Cooperative Extension Service** Agriculture and Natural Resources Family and Consumer Sciences 4-H Youth Development Community and Economic Development

Educational programs of Kentucky Cooperative Extension serve all people regardless of economic or social status and will not discriminate on the basis of race, color, ethnic origin, national origin, creed, religion, political belief, sex, sexual orientation, gender identity, gender expression, pregnancy, marital status, genetic information, age, veteran status, or physical or mental disability. University of Kentucky, Kentucky State University, U.S. Department of Agriculture, and Kentucky Counties, Cooperating. LEXINGTON, KY 40546



### Forest Health Conference

#### By Jordan Strickler, Agricultural Communications Specialist/Writer – University of Kentucky

Registration is open for the Feb. 8 Forest Health Conference, presented by the University of Kentucky College of Agriculture, Food and Environment. The event will touch on major issues affecting the forestry industry. Kentucky currently boasts <u>12.4 million acres</u> of forestland—48% of the state.

"This should be a great day of information on a range of forest health threats and management options – from insects to diseases to <u>invasive plants</u> and more," said Ellen Crocker, assistant professor for forest health extension in the UK Department of Forestry and Natural Resources. "Professionals and landowners deal with a range of threats to the health of their trees and woods. In addition, plenty of new issues are on the horizon that are important to be aware of."

The fourth annual meeting will highlight plant topics such as climate change and forest health, practical uses for drones, seed zone updates and climate considerations for collectors, butternut canker and breeding programs, cost-share programs for landowners with the Natural Resources Conservation Service and much more. It will also touch on a number of harmful insects, such as <u>ticks</u>, <u>fire ants</u> and the <u>spotted lanternfly</u>.

"While we have had this conference online for the past few years due to COVID, this year we are bringing back an in-person format at the Longship Club meeting space at Kroger Field," Crocker said. We have speakers joining us from around the Eastern United States to share current research and best practices with the group and we believe this will be a great learning opportunity for those who care for forests."

The conference will take place at Kroger Field in Lexington from 9 a.m. to 4 p.m. EST. The cost is \$35 and includes lunch. To register, visit <u>http://forestry.ca.uky.edu/fhc-conference</u>.

	CROPS FOR THE KENTUCKY Spring Garden PART I			
VEGETABLE	Beets Bibb lettuce Broccoli Brussels sprouts Cabbage Carrots Cauliflower Celery Chinese cabbage Collards Endive	55-60 DAYS 60-80 DAYS 40-90 DAYS 80-90 DAYS 60-100 DAYS 60-80 DAYS 50-100 DAYS 100-130 DAYS 43-75 DAYS 75-90 DAYS 60-90 DAYS	TO MATURITY	did you KNOW?

### <u>Responding to</u> <u>Climate Change</u>

### By Wayne Long, ANR Agent/County Coordinator

The Urban Forest Initiative will be hosting a winter seminar and social hour on the evening of February 8th, 2023!

The featured talk of the evening, "Responding to Climate Change in Kentucky's Urban and Wildland Forests," will be given by Dr. Jacob Muller, who is an Assistant Professor with the Department of Forestry and Natural Resources at the University of Kentucky.



THE URBAN FOREST INITIATIVE PRESENTS:

Dr. Muller's talk will begin at 7:00p and conclude after discussion/Q&A at 8:30p. We will be hosting a social hour at 6:00p featuring local exhibitors prior to Dr. Muller's talk, with light refreshments served. The presentation will be held at the Davis Marksbury Building, located at 329 Rose Street in Lexington.

This event is free and open to the public! More details for this event can be found on the UFI website: <u>http://ufi.ca.uky.edu/seminar/climatechange</u>

### **Newsletter for 4-H Volunteers**

#### By Kelly Smith, Agent for 4-H Youth Development Education

The State 4-H Office sends out a great quarterly newsletter for 4-H Volunteers. Please find the link here: <u>https://mailchi.mp/0b5133dbf85f/kentucky-4-h-quarterly-volunteer-newsletter-6225416?e=[UNIQID]</u>



# THIRD THURSDAY THING

**Topic: Organic Agriculture** 

February 16, 2023 at 10:00 AM EST

Join us in-person at the Harold R. Benson **Research & Demonstration Farm or online!** 



1525 Mills Lane, Frankfort, KY 40601



LIVE youtube.com/kysuag/live

### **4-H Homeschool Club Update**

#### By Ami Koralia, 4-H Program Assistant

For the month of December our homeschool club asked for a fun filled science class...... Well we had FUN to say the least! We were about to have a full chemical reaction, by making elephant toothpaste. Also, we were able to learn how animals in the arctic live with the weather being so cold.

For the month of January our club wanted to learn about birds. We learned about how important it is to have extra bird seed this time of year, and we made bird feeders.

Also, we learned about raptors and what they eat and what they cannot digest, we learned this while dissecting raptor pellets. We sure are having a great time with our homeschool club!







### <u> 4-H Cloverbud Update</u>

#### By Ami Koralia, 4-H Program Assistant

For the month of December our Cloverbuds learned about Brazil. We had a great time, we learned about what animals live in Brazil and about special activities like Carnaval! We had music and movement and ended with lots of smiles!



### Maple Syrup Day

#### By Jordan Strickler, Agricultural Communications Specialist/Writer – University of Kentucky

Kentucky maple syrup producers will open their facilities to the public Feb. 4 for the fourth annual Kentucky Maple Day. Sponsored by the University of Kentucky Cooperative Extension Service and the Kentucky Maple Syrup Association through the <u>Kentucky Maple Syrup Project</u>, the day allows the public to visit the state's maple syrup producing farms and sugarhouses to observe syrup's production and purchase locally produced maple syrup products.

"There is currently a great deal of interest in the maple syrup industry in Kentucky," said Billy Thomas, extension forester with the UK College of Agriculture, Food and Environment Department of Forestry and Natural Resources. "Kentucky Maple Day is not only a great opportunity for the public to learn more about our growing syrup industry, but according to producers, it has also increased their visibility and revenue. In addition, the day provides a reminder to all that Kentucky's woodlands are a valuable resource which provides many benefits."

Activities will vary at each location. Producers will showcase their operations and sell pure maple syrup and syrup products, and some will also offer tours of their sugar bush and sap-collection systems.

Even though sugar maple trees are more familiar, Jacob Muller, assistant professor of hardwood silviculture and forest operations extension in the UK Department of Forestry and Natural Resources, said red maple trees make a syrup that is as good as sugar maple syrup. Tapping red maple trees is a good start for those interested in entering the industry.

Organizers recommend those interested in attending call local producers in advance if they have any questions about what activities and products their location offers. More information, including event times and a map of all participating farms, is online at <u>https://ky-maplesyrup.ca.uky.edu/ky-maple-day</u>.

#### **PUBLIC NOTIFICATION**

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### See You at the Farmers Market!

#### By Paul Adkins, Area Extension Agent for KYNEP

It is hard to believe we're approaching spring! Many of our Nutrition Education Program (NEP) Assistants partner with local Farmers Markets to provide nutrition education and recipe samples on a budget. Recipes feature produce from the market!

Joel Worth, Senior NEP Assistant, has a long-standing relationship with the Gray Street Farmers Market. During the season, Joel is set up at each market day, rain or shine. The Gray Street Farmers Market is part of a partnership between the University of Louisville's Public Health school and the Metro Department of Public Health. When the season begins, visit Joel at the market for a sample tasting, nutrition information, and recipes!

You can view farmers markets and food banks in our area by going to Plan Eat Move and searching by zip code: <a href="https://www.planeatmove.com/farmers-markets-food-banks/">www.planeatmove.com/farmers-markets-food-banks/</a>

Want to learn more about planning nutritious meals on a limited budget, acquire safe food handling practices, improve food preparation skills, and changing behavior to have a healthy lifestyle? Want to access recipes and other resources for limited resource individuals provided by the Kentucky Nutrition Education Program? Start by visiting <u>www.PlanEatMove.com</u> and reach out to your County Extension Office.

Reach the Jefferson County Nutrition Education Program by calling 502-442-2035.



### Meet the Jefferson County Extension Service

#### <u>4-H Agents</u>

Chanda Hall Louis Milligan Kelly Smith Patrice Thompson Sarah Wiseman

#### <u>4-H Assistants</u>

Ami Koralia Karen Kummer Donna Thompson

#### Support Staff

Donna Browne Phillis Mudd

#### Horticulture Agent **Agriculture & Natural Resources**

Jennifer Palmer

Von Barnes, Urban Agriculture Extension Agent Wayne Long, Agent for ANR and County Coordinator

### Family & Consumer Sciences

Paul Adkins, Area Extension Agent KYNEP

#### COOPERATIVE EXTENSION



#### **Nutrition Assistants**

Clarissa Cheatwood Susanna Diller Kesha Maddox **Omar Miralles** Joel Worth

LeTicia Marshall Local Food Systems Justice Coordinator

Jessica Marquez **Community Resource Development Agent** 

## It starts with us

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